

Breastfeeding Resource Directory

Welcome to the Printer Friendly version of the 2009 Breastfeeding Resource Directory.

To save paper we encourage you to print only the pages you need for your community.

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Breastfeeding Resource Directory

PROVIDERS OF LACTATION SERVICES

The providers listed below have subscribed to this directory and unless otherwise indicated charge a fee for their services. Some have a sliding scale. The credentials listed after their names are listed as the individual requested. None have been verified by The Breastfeeding Task Force of Greater Los Angeles. Providers are listed under their primary service area with additional service areas indicated.

WHEN CALLING A PROVIDER FROM THIS LIST, PLEASE INDICATE THAT YOU GOT THEIR NAME FROM THIS BREASTFEEDING RESOURCE DIRECTORY.

BEVERLY HILLS / WEST LOS ANGELES / SANTA MONICA

Aronson, Debbie, RN, BSN, IBCLC 310-600-9194

928 Stanford Street, Santa Monica, CA 90403-2224 Serves LA County

Classes prenatal, post partum; private instruction; consults in hospital, client's home, office; pump rentals, sales, related sales; pump delivery; available weekends & evenings. Specializes in transitioning premature babies to breast, latch / suck and milk supply problems.

Beverly Hills Pump Center, Suzy Slavick, RN, CLE 310-871-3554

145 S. La Peer Drive, Beverly Hills, CA 90211-2601 www.bhpumpcenter.com

Also serves San Fernando Valley, Culver City, Mid-Wilshire

Private breastfeeding instruction; consults in hospital, office, client's home; breast pump rental & sales of related supplies; credit cards accepted; available weekends & evenings. Experienced in hospital setting. Warm and supportive approach.

Breastfeeding Culture Enterprises 310-819-0408

Yocheved "Patti" Herrmann-Blanton, IBCLC

1119 Broadway #D, Santa Monica, CA 90405-3030 www.yiddisheheim.org/5.html

Classes prenatal, post partum; consults in office, client's home, free weekly support group; sale of breast pumps & supplies; very low cost services available; credit cards accepted; available evenings and Sunday.

Cedars-Sinai Lactation Education Center 310-423-5312

8700 Beverly Blvd., Suite 3202, Los Angeles, CA 90048

Linda Kingsley, IBCLC

Mon – Sat 8:30 AM - 4:30 PM

Prenatal classes; consults in hospital; breast pump rentals & related sales; credit cards accepted; medical translators for most languages; information line 800-972-6003.

Epps, Cynthia, MS, IBCLC 310-458-6430; 310-968-0387

457 25th Street, Santa Monica, CA 90402 - 3033

Also serves Hollywood, Silverlake, Glendale, Culver City

Breastfeeding classes, prenatal, private instruction; post natal nutrition, transition to solids & gentle weaning; consults in hospital, client's home; available some weekends. Listed with Cedars-Sinai Health Services for subscribers – MD referral.

Gohill, Sonya Sethi, MD, CLE 310-826-5513

11633 San Vicente Blvd., Suite 206, Los Angeles, CA 90049

From Cedars to St. John's Hospitals

Pediatrician in small private practice providing lactation care to patients.

Breastfeeding Resource Directory

BEVERLY HILLS / WEST LOS ANGELES / SANTA MONICA - CONTINUED

Kramer, Rachel, MD, CLE, Melissa Tatum, MA, CLE 310-273-9533

250 North Robertson Blvd., Suite 404, Beverly Hills, CA 90211-1788

Also serves West Hollywood, Miracle Mile, Hollywood

Consultations in hospital and Pediatric office; physical assessment of infant and well child follow-up. Credit cards accepted.

Leite, Claudia, CLE 310-497-7104

Marina Del Rey; Also serves Los Angeles, South Bay

Post Partum group classes, private instruction; consults in office, client's home; support group and teen services; available weekends and evenings; Portuguese spoken

MCH Services Inc 800-822-6688

Rona Cohen, RN, MN, IBCLC

P.O. Box 6241, Beverly Hills, CA 90212-1241. www.mchservicesinc.com

Multi Site Turnkey National Corporate Lactation Programs

Prenatal education through corporate lactation programs only. Breast pump sales. Credit cards accepted.

McLeod, Annie T, RN, IBCLC , "Finest Beginnings", 310-499-3374

Los Angeles, CA 90066-1011

Private instruction; consults in hospital, client's home, in pediatric office; complimentary phone counseling; free teen counseling; available evenings and weekends.

Sabeti, Anita, MD, 310-248-2829

9735 Wilshire Blvd., #123, Beverly Hills, CA 90212-2107

www.BeverlyHillsPediatrician.com

Private breastfeeding instruction and consultation in pediatric office; free prenatal consultation; credit cards accepted; Farsi and Spanish spoken.

Saint John's Health Center / Lactation Station 310-829-8944

1328 22nd Street, Santa Monica, CA 90404-2091

Elaine Robertson, IBCLC, Teresa Sakamoto, BA, IBCLC, Jane Mycroft CLE, CCE, CMT

Available daily 9AM - 5PM.

Consults in hospital & by appointment; breast pump rentals & sales; credit cards accepted; support groups Wed. & Fri. at noon; weekend phone consults.

Sternberger, Ilka, CLE 310-301-9147; mobile 310-801-3616

4051 Tivoli Ave. Los Angeles, CA 90066

Also serves Culver City, Mid-Wilshire, South Los Angeles

Prenatal & post partum group classes, private instruction; consults in hospital, clients home; pump rental and sales, pump delivery; available Saturdays; German classes and support group Birth – 2 years.

Tellalian, Louise Arce, RN, LCCE, CLC 310-274-2272

1911 San Ysidro Drive, Beverly Hills, CA 90210-1520

Serves Greater Los Angeles

Prenatal breastfeeding classes; small group in home setting on Saturday AM with phone follow-up, private instruction available; phone counseling.

The Pump Station & Nurtury™ - www.PumpStation.com

2415 Wilshire Blvd. Santa Monica CA 90403 - 310-998-1981

1248 Vine St., Hollywood CA 90038 - 323-469-5300

W. Haldeman MN, RN, IBCLC; C. Harvey MS, RN, IBCLC; J. Sacher MN, RN, IBCLC

Breastfeeding Resource Directory

Certified Lactation Educators, breastfeeding classes, breastfeeding support groups, breast pumps & accessories for rent or purchase, nursing & baby care products.
"Best Resource for Nursing Mothers" by LA Magazine - August 2006

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MIRACLE MILE / HOLLYWOOD / SILVERLAKE / DOWNTOWN

Lee, Carole F., OTR/L, MA, MS, CLE 323-528-1406

Also serves Los Feliz, Echo Park, Mt. Washington

Private instruction; consults in hospital, office, client's home; experienced in medically fragile, high risk infants with special needs; available weekends & evenings.

The Pump Station & Nurtury™ - www.PumpStation.com

2415 Wilshire Blvd. Santa Monica CA 90403 - 310-998-1981

1248 Vine St., Hollywood CA 90038 - 323-469-5300

W. Haldeman MN, RN, IBCLC; C. Harvey MS, RN, IBCLC; J. Sacher MN, RN, IBCLC

Certified Lactation Educators, breastfeeding classes, breastfeeding support groups,

breast pumps & accessories for rent or purchase, nursing & baby care products.

"Best Resource for Nursing Mothers" by LA Magazine - August 2006

CULVER CITY / INGLEWOOD / SOUTH LOS ANGELES

Kaiser Permanente Medical Center 323-857-3415

Lactation Clinic Mon. - Fri. 9:00 AM - 5:30 PM

6041 Cadillac Ave. Los Angeles, CA 90034-1702 Also serves WLA, Baldwin Hills.

Gwen Brown, RN, BSN, CLC, Alexanne Soltwedel, RN, BSN, CLE, Annie McLeod, RN, IBCLC

Breastfeeding classes prenatal, post partum; consults in hospital, clinic; breast pump sales & related sales; credit cards accepted; support group, teen services.

The Pump Station & Nurtury™ - www.PumpStation.com

2415 Wilshire Blvd. Santa Monica CA 90403 - 310-998-1981

1248 Vine St., Hollywood CA 90038 - 323-469-5300

W. Haldeman MN, RN, IBCLC; C. Harvey MS, RN, IBCLC; J. Sacher MN, RN, IBCLC

Certified Lactation Educators, breastfeeding classes, breastfeeding support groups,

breast pumps & accessories for rent or purchase, nursing & baby care products.

"Best Resource for Nursing Mothers" by LA Magazine - August 2006

Watters, Virgin, RN, MSN, CLE 310-560-0395

Serves Ladera, Inglewood

Private Instruction; consults in hospital, client's home, WIC Center; specializes in teen support; available evenings and weekends .

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BURBANK / PASADENA / GLENDALE

Baghdassarian, Roza, BA, CLE 818-353-7446

Also serves San Fernando Valley and Greater LA www.moreser.com

Breastfeeding classes prenatal, post partum, private instruction; consults in hospital, office; breast pump rentals, sales; Baby-Weigh scales, nursing wear; available Saturday & evenings; credit cards accepted. Armenian spoken.

Bell, Cynthia, RNC, BSN 213-703-6400

2324 Janet Lee Drive, La Crescenta, CA 91214-2208

Private breastfeeding instruction; consults in hospital, client's home, pediatric office, hospital clinic; available weekends and evenings.

Bellies, Babies and Bosoms 818-541-1200

H. Schroeder MPH, RD, IBCLC, MJ Haddad, IBCLC, M. Limbach, CLE

3461 N. Verdugo Road, Glendale, CA 91208. www.bellies.biz

Also serves San Gabriel Valley, Eagle Rock / Los Angeles

Prenatal & post partum classes, private instruction; consults in hospital, office, client's home; breast pump rentals & sales, nursing wear; baby scales; available weekends & eves.

Chetti, Carolyn, RN, IBCLC 626-432-6789

509 S. Woodward Blvd., Pasadena CA 91107-5717

Serves Greater San Gabriel Valley

Private breastfeeding instruction; consults in client's home; available Saturday and evenings.

Glendale Memorial Hospital & Health Center 818-507-4191

Breastfeeding Follow-up Resource Center 5th Fl.

1420 S. Central Avenue Glendale, CA 91204

Serves San Gabriel / San Fernando Valleys and Greater Los Angeles area.

Breastfeeding classes prenatal; consults in hospital; Thurs.support group; weekend services by appointment only. Credit cards accepted.

Glendale Pediatrics 818-246-7260

1530 E. Chevy Chase Drive, Suite #101, Glendale, CA 91206

Cindy Ames, LVN, **CLC; Miranda Johnson Haddad, CLE, IBCLC

Mon. - Fri. 9:00 AM - 5:30 PM

Private instruction; consults in pediatric office; pump rentals & related sales, Baby Weigh Scales rented, credit cards accepted.

Breastfeeding Resource Directory

BURBANK / PASADENA / GLENDALE - CONTINUED

Huntington Hospital Breastfeeding Center 626-397-3172

100 W. California Blvd., Pasadena, CA 91105-7103

Also serves Greater San Gabriel Valley Mon. - Fri. , 9:00 AM - 4:00 PM.

Five Certified Lactation Consultants are available. Breastfeeding classes, prenatal; consults in hospital, clinic; breast pump rentals & sales, bra fittings and sales, scale rentals; nursing wear and pillows; credit cards accepted; free support group.

Johnson-Haddad, Miranda, CLE, IBCLC 818-621-5477

4735 Alta Canyon Road, La Cañada, CA 91011- 2035

Also serves Burbank, N. Hollywood

Breastfeeding classes prenatal, post partum, private instruction; consults in hospital, client's home, also at Bellies, Babies & Bosoms; support groups; available weekends and evenings.

San Marino B.A.B.I.E.S. 626-285-1473; 626-253-0060

Gail Katz, RN, MSN, CNS, IBCLC, FACCE

PMB 430, 2275 Huntington Drive, San Marino, CA 91108

Private breastfeeding instruction; consults in office, client's home; specializes in NICU babies; available some weekends. Certified Lamaze Breastfeeding Support Specialist Course Instructor.

The Pump Station & Nurtury™ - www.PumpStation.com

2415 Wilshire Blvd. Santa Monica CA 90403 - 310-998-1981

1248 Vine St., Hollywood CA 90038 - 323-469-5300

W. Haldeman MN, RN, IBCLC; C. Harvey MS, RN, IBCLC; J. Sacher MN, RN, IBCLC

Certified Lactation Educators, breastfeeding classes, breastfeeding support groups, breast pumps & accessories for rent or purchase, nursing & baby care products.

"Best Resource for Nursing Mothers" by LA Magazine - August 2006

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SAN FERNANDO VALLEY

A Bundle of Joy 818-345-4439; 818-929-7584

4431 Callada Place, Tarzana, CA 91356

Serving San Fernando Valley and surrounding areas.

Breastfeeding consultations in hospital, Tarzana office, or client's home; breast pump deliveries - rentals and sales; baby scales, nursing bras. Phone support and mail order service.

Adelman, Leslye, MS, IBCLC, LCCE 818-789-6718

"Gentle Nurturing"

Also serves West Los Angeles, Beverly Hills, Santa Monica, Agoura

Breastfeeding classes prenatal, private instruction at "A Mother's Haven" & "CosmiKids" ; consults in hospital, client's home; breast pump rentals, pump delivery; credit cards accepted; available weekends & evenings.

"A Mother's Haven" 818-380-3111

L. Podell-Camino, MA, CLE, Leslye Adelman, MS, IBCLC, Terry Gass, RN, IBCLC

15928 Ventura Blvd. Suite #116, Encino, CA 91436 www.shopthehaven.com

Classes prenatal & post partum; consults in location of your preference; breast pump rentals & related sales; New Mother & other classes and support; SFV largest selection of nursing bras & clothing, slings, baby care & clothing; available weekends & evenings.

"Babybliss Postpartum Doula Services" 818-943-3413

Rosane Vieira, PCD, IBCLC, RLC www.babyblissdoula.com

Private instruction; consults in hospital, client's home; breast pump rental, sales and related sales; available weekends and evenings; Portuguese spoken.

"Bellybutterfly", Mina J. Ognjanovic, BA, PCD, CLE 818-915-0190

17046 Burbank Blvd., Encino, CA 91316

Prenatal classes, private instruction; consults in hospital, client's home, pediatric office; support group for mothers of NICU babies; available evenings and weekends; Serbian spoken.

Berkowitz, Rochelle RN, BSN, IBCLC 323-382-6016

Sherman Oaks, CA 91423

Also serves West Los Angeles, Beverly Hills

Breastfeeding classes, prenatal, postpartum, private instruction; Consults in client's home; available weekends and evenings.

Providence Holy Cross & Providence St. Joseph Medical Centers 818-847-4143

A Baby Friendly Hospital; also serving Burbank, Santa Clarita Valley

15031 Rinaldi St. Mission Hills, CA 91345-1207 8:00 AM - 5:00 PM

Terry Gass, RN, IBCLC, RLC, Carol Chacón, CCCE, IBCLC, RLC

Breastfeeding classes prenatal, post partum; consults in hospital; available weekends by appt.; support group; breast pump rentals & sales, credit cards accepted; sliding scale.

Breastfeeding Resource Directory

SAN FERNANDO VALLEY - CONTINUED

Steinberg, Ellen, RN, LCCE, IBCLC 818-345-4439

Serving San Fernando Valley & surrounding areas

9:00 AM - 9:00 PM seven days a week, by appointment only.

Consults in hospital, Tarzana office, client's home; breast pump rentals & sales, baby scale rentals; specializes in milk supply concerns, sucking difficulties, sore nipples; craniosacral therapy for mother and baby.

"The Pump Connection" www.thepumpconnection.com 818-225-8822

Ellen "Binky" Petok, BS, IBCLC, Romina Ross, BS, IBCLC

22554 Ventura Blvd. Suite 112, Woodland Hills, CA 91364 M-F 10-5 & Sat. 11-4

Breastfeeding consults in office, client's home; breast pump rentals/sales; professionally fitted nursing bras;

Mama Mia support group, Baby Signs & other classes; slings, designer diaper bags, baby clothes & unique baby accessories.

The Pump Station & Nurtury™ - www.PumpStation.com

2415 Wilshire Blvd. Santa Monica CA 90403 - 310-998-1981

1248 Vine St., Hollywood CA 90038 - 323-469-5300

W. Haldeman MN, RN, IBCLC; C. Harvey MS, RN, IBCLC; J. Sacher MN, RN, IBCLC

Certified Lactation Educators, breastfeeding classes, breastfeeding support groups,

breast pumps & accessories for rent or purchase, nursing & baby care products.

"Best Resource for Nursing Mothers" by LA Magazine - August 2006

SANTA CLARITA VALLEY

Henry Mayo Newhall Memorial Hospital 661-253-8238

23845 McBean Parkway, Valencia, CA 91355-2083

Mary Beth Sweet, IBCLC; Jolli Bernier IBCLC, Lisa Araki, CLE Mon. – Fri . 9:00 AM - 5:00 PM

Breastfeeding classes prenatal, post partum, private instruction; consults in hospital, clinic; breast pump rentals & sales; available weekends.

Takeda, Cindee Robinson, MS, CLE, IBCLC 661-618-4570

28468 Alder Peak, Santa Clarita, CA 91387-3109

Also serves San Fernando Valley

Private instruction; consults in client's home, pediatric office; experienced with pre- term, multiples & special needs infants; available weekends & evenings.

Will, Emily, RN, CLE 661-296-1280

Also serves San Fernando Valley www.yourlactationstation.com

23890 Copper Hill Drive, #228, Valencia, CA 91354-1701

Private instruction; consults in hospital, client's home; breast pump sales and rental, breastfeeding supplies; credit cards accepted; available evenings and weekends.

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SIMI VALLEY / CONEJO VALLEY / VENTURA COUNTY

Collett, Vivienne, RN, CLC 818-879-2005; 818-807-9545

Serves Oak Park, Agoura Hills, Westlake Village, Thousand Oaks, Camarillo Private instruction; consults in client's home; breast pump rentals & related sales; available weekends & evenings.

The Pediatric Group of Southern California 818-481-3839

Liz Armstrong, RN, MSN, CPNP, CLE M - F, 9 AM - 5 PM

29525 Canwood St., Ste. 211, Agoura Hills, CA 91301 18370 Burbank Blvd., Ste. 307, Tarzana, CA 91356 Also serves Conejo Valley and Ventura County Prenatal classes, private instruction; consults in office; most insurance accepted.

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WESTCHESTER / SOUTH BAY / SAN PEDRO

Breastfeeding Support Center 310-374-3426, Ext 183
Beach Cities Health District, 514 N. Prospect Ave., 1st Fl., Redondo Beach, CA 90277
Sharon Watkins, IBCLC; Barbara Zimmerman RN, IBCLC;
Mon. - Thur., 9:30 AM - 2:30 PM, Sat. 10:00 AM – noon. Prenatal, post partum classes; consults in hospital, clinic, client's home; breast pump rentals & sales; low cost drop-in clinic, free weight checks & phone counseling. Employed mothers' support group.

Bright Beginnings & Beyond Lynette Miya, MN, RNP 310-316-1528
229 Ave. I, Suite 101, Redondo Beach, CA 90277-5600
Breastfeeding classes prenatal, post partum; consults in office, client's home; breast pump rentals & sales, nursing wear; credit cards accepted, some reduced rates; support group Wed., Fri., Sun. 10 AM; available weekends.

Education and Consulting Associates 310-541-6580
Linda M. Smith, RNC, MS, NP, CLE
P.O. Box 905, Palos Verdes Estates, CA 90274 www.lactationedu.com
Serves Beach Cities and Palos Verdes Peninsula, Long Beach
Prenatal & post partum breastfeeding classes, private instruction; consults in hospital, client's home; sale of breastfeeding supplies, credit cards accepted; available evenings & weekends.

Lipsey, Gwendolyn, CLE, PCD 310-663-6235
826 Pepper Street, El Segundo, CA 90245-2343 www.family-doula.com
Also serves West LA, Santa Monica, Culver City
Private breastfeeding instruction; consults in hospital, client's home; available weekdays and some Saturdays and evenings.

Morones , April D., RNC **CLC 562-225-3933
437 Newport Avenue, Apt. 2, Long Beach, CA 90814
Also serves Long Beach & Orange County
Consults in client's home; available evenings and weekends.

The Pump Station & Nurtury™ - www.PumpStation.com
2415 Wilshire Blvd. Santa Monica CA 90403 - 310-998-1981
1248 Vine St., Hollywood CA 90038 - 323-469-5300
W. Haldeman MN, RN, IBCLC; C. Harvey MS, RN, IBCLC; J. Sacher MN, RN, IBCLC
Certified Lactation Educators, breastfeeding classes, breastfeeding support groups,
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WESTCHESTER / SOUTH BAY / SAN PEDRO -CONTINUED

Torrance Memorial Medical Center 310-517-4711; clinic 310-517-4743
3330 Lomita Blvd., Health Links, West Tower, Torrance, CA 90505-5073
Susan Orr, PT, LCCE, CLC, IBCLC; Nancy Kraus, BA, LCCE, CLE; Tricia Suarez, CLE
Breastfeeding classes prenatal, post partum; \$25 consults in clinic Mon. & Sat. 9:30 AM, weekends by appt.;
breast pump rentals & sales, nursing wear, books, baby items; credit cards accepted.
Sat. only phone 310-325-9110 Ext. 4225 www.torrancememorial.org

LONG BEACH / ORANGE COUNTY

Long Beach Memorial Medical Ctr./ Miller Children's Hosp. 562-933-2779
Memorial Care Center for Women - Lactation Support Services
2801 Atlantic Avenue, Long Beach, CA 90801-1701 Mon. -Sat. 9:00 AM - 3:00 PM
Prenatal & post partum breastfeeding classes, private instruction; consults in hospital & clinic;
breast pump rental & sales.

"Milkalicious" Inc., Jennifer Ritchie, RN, IBCLC 949-831-MILK
27111 Aliso Creek Road, Ste. 195, Aliso Viejo, CA 92656 www.milkalicious.org
Serves Orange County, Inland Empire
Prenatal & Post Partum group classes, private instruction; consults in hospital, office, client's home, pediatric
office ; breast pump rentals & sales, related sales; credit cards accepted; available evenings and Saturdays,
Spanish spoken.

Orr, Susan, PT, CLC, IBCLC 562-427-3782
3757 Falcon Avenue, Long Beach, CA 90807
Also serves Torrance, South Bay
Breastfeeding classes, prenatal, post partum; consults in office, client's home, pediatric office; breast pump
rentals & related sales; Pediatric Physical Therapy; available some weekends & evenings; \$20 consults at
Columbia Pediatric Clinic, Long Beach.

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SAN GABRIEL VALLEY / INLAND EMPIRE

“Best Fed Breastfeeding Center” 626-919-6455; 626-290-0992

Harding, Cindy, LVN, **CLC www.best-fed.com
1300 E. Maplegrove St., W. Covina, CA 91792-1210
526 E. Route 66, Glendora CA 91740

Private instruction; consults in office, client's home, Lotus of Light, Glendora; breast pump rentals, sales, pump delivery; credit cards accepted; available evenings & weekends.

Citrus Valley Medical Center, Queen of the Valley Campus 626-851-2753

Gail Katz, RN, MSN, CNS, IBCLC, Lactation Services Program Coordinator
1115 S. Sunset Avenue, West Covina, CA 91790-3940
Post partum breastfeeding classes daily (free); consults in hospital; support group
Tuesday 10:00 - 11:00 AM (free)

Citrus Valley Medical Center, Queen of the Valley Campus 626-814-2446

Mother-Baby Specialty Shoppe
Dawn Cooper, RN, BSN, Director Program Development 9:00 AM - 4:00 PM
1115 S. Sunset Ave. West Covina, CA 91790-3490
Prenatal breastfeeding classes for \$5.00; breast pump rentals, sales & related sales.

Meier, Ann, RN, BSN, IBCLC 626-798-4367

Private instruction; consults in client's home, Available weekends.

Miles, Lorraine, RN, BA, CLC, IBCLC (RLC) (Mobile) 909-595-9620

“Baby Beginnings”

Also serves Montebello, Whittier, Downey, Lynwood

Private breastfeeding instruction; consults in hospital, client's home; breast pump rentals, pump delivery; free teen program, NICU & pre-term babies follow-up; available weekends & evenings.

Orellana, Josie, IBCLC 626-484-0964

28 Mountain Laurel Way, Azusa, CA 91702-6264

Also serves Montebello, Whittier, Downey, Lynwood, Glendale, Pasadena

Breastfeeding classes prenatal, post partum, private instruction; consults in hospital, office, client's home, pediatric office; nursing wear; credit cards accepted, some free services; available weekends, evenings.

Pomona Valley Hospital Medical Center 909-623-6455

1798 N. Garey Ave. Pomona, CA 91767

Terry Bretscher, RN, CLC, IBCLC Mon. - Sat. 9:00 AM - 3:00 PM

Prenatal classes; consults in hospital, clinic; breast pump rentals & sales; Mommy 'N' Me Wednesday 10 AM;
Lactation Center Mon. & Fri. 9 AM to noon, Wed. 1 – 4 PM; medical translators available for many languages.

Breastfeeding Resource Directory

SAN GABRIEL VALLEY / INLAND EMPIRE - CONTINUED

Teachout, Stella, RN, BSN, IBCLC 626-422-9700

Methodist Hospital of Arcadia, Comm. Outreach Dept., 300 W Huntington Dr., Arcadia, CA 91066

Also serves Burbank, Pasadena, Glendale sfteachout@hotmail.com

Prenatal group classes, private instruction; consults in hospital, office, hospital clinic, client's home, pediatric office, WIC Center; experienced in hospital setting, NICU / Preterm babies, multiples; breastpump rental, sales & related sales; available weekends, evenings. Tamil spoken.

Weefun Occupational Therapy for Children, Inc, 626-841-1115

Visocnik, Fiona OTR/L, CLE

124 E. Walnut Ave., Unit A, Monrovia, CA 91016

Also serves Pasadena, Azusa, Monrovia, Temple City, Sierra Madre, Irwindale, Duarte

Private breastfeeding instruction; consults in client's home; extensive experience with medically fragile, preterm & healthy newborns with feeding and swallowing problems; available evenings.

Breastfeeding Resource Directory

RESOURCES FREE FOR WIC PARTICIPANTS

City of Long Beach WIC Program 562-570-4242

Marisela Montoya, MA, IBCLC - Coord. Mon. - Fri., 8:30 AM - 5:30 PM

1043 Elm Avenue, Suite #401, Long Beach, CA 90813-3271

5 sites throughout Long Beach. Warmline 562-570-4457

Breastfeeding classes prenatal, post partum; consults in hospital, clinic; breast pump loan program; available some Sat. @ Health Dept. site only. Multiple languages spoken.

Northeast Valley Health Corp. WIC 818-837-6349

13100 Telfair Ave., Sylmar, CA 91342-3573

14 sites in San Fernando & Santa Clarita Valleys

Rebeca Pastrana-Sheng, BS, IBCLC - WIC Breastfeeding Director

Breastfeeding classes, prenatal, post partum; consults in clinic; breast pump loan program; warm-line 8:00 AM - 5:00 PM

Pasadena Public Health Dept. WIC Program 626-744-6093

1845 N. Fair Oaks Ave. 2nd Floor, Pasadena, CA 91103-1620

Cordelia Hanna –Cheruiyot, MPH, CHES, CCE, CBA Mon. - Fri. 8:00 AM - 5:00 PM

Serves Pasadena, S. Pasadena, Altadena, Sierra Madre

Breastfeeding classes, prenatal, post partum; consults in hospital, clinic, client's home; peer counselors.

Public Health Foundation Enterprises WIC 888-278-6455

58 clinic sites throughout Los Angeles County & Orange County

Karen Meehan, MPH, RD, IBCLC

Breastfeeding classes, prenatal, post partum; consults in clinics, teen program; cleft palate support group; toll free HELP LINE, Mon. -Fri., 8:00 AM - 6:00 PM; breast pump loans for hospitalized infants.

South Los Angeles Health Projects WIC 323-905-1248

2930 W. Imperial Highway, Inglewood, CA 90303 - 3143

Arcelia Jaramillo, IBCLC Breastfeeding Services Coordinator

Clinic sites throughout South Los Angeles & neighboring cities.

Classes prenatal, post partum, teen classes, private instruction; consults in clinics; peer counselors; pump loans for hospitalized infants; help line 8:30 AM - 4:30 PM.

Watts Healthcare Corporation WIC 323-568-3070

Dymphna Berger, CLE, IBCLC Mon. - Fri., 8:00 AM - 5:00 PM

10300 S. Compton Ave., Los Angeles, CA 90710. 5 sites in South Los Angeles

Breastfeeding classes prenatal, post partum, private instruction; consults in hospital clinic, client's home, WIC clinic; electric breast pump loans for medical need; teen program; support group; peer counselors. Spanish and Korean spoken.

Breastfeeding Resource Directory

LOW COST OR MEDI-CAL REIMBURSABLE RESOURCES

“Best Fed Breastfeeding Center” 626-919-6455; 626-290-0992

Harding, Cindy, LVN, **CLC www.best-fed.com

1300 E. Maplegrove St. W. Covina, CA 91792-1210

526 E. Route 66, Glendora CA 91740

Private instruction; consults in office, client's home, Lotus of Light, Glendora; breast pump rentals, sales, pump delivery; available evenings & weekends; some free & discounted services.

Columbia Pediatrics Breastfeeding Clinic 562-427-3782

Susan Orr, PT, CLC, IBCLC

2840 Long Beach Blvd. #425, Long Beach, CA 90806-1586

Serves South Bay, Long Beach

Private instruction. \$20 group consult in clinic, Tues. & Thurs. 9:00 AM; breast pump rentals & related sales.

Eisner Pediatric and Family Medical Center 213-747-5542, Ext.3506

1530 S. Olive Street, Los Angeles, CA 90015-3023

Magdalena Estrada, IBCLC, LCCE

Prenatal group classes; consults in clinic; low cost breast pump rentals. Spanish spoken.

Glendale Memorial Hospital & Health Center 818-507-4191

1420 S. Central Avenue, Breastfeeding Resource Center 5th Fl., Glendale, CA 91204 Serves San Gabriel / San Fernando Valleys and Greater Los Angeles area Breastfeeding classes prenatal; consults in hospital, clinic; support groups; phone consultations and referrals to community resources; childbirth class series; MediCal reimbursable. Mon. - Fri. 10:00 AM - 6:00 PM; Sat. 12:00 - 5:00 PM.

Kaiser Permanente Medical Center 323-857-4121

Lactation Clinic Mon. - Fri. 9:00 AM - 5:00 PM.

6041 Cadillac Ave. Los Angeles, CA 90034. Serves Culver City, WLA, Baldwin Hills.

Gwen Brown, RN, BSN, CLC, Alexanne Soltwedel, RN, BSN, CLE, Annie McLeod RN, IBCLC

Breastfeeding classes prenatal, post partum; consults in hospital, clinic; breast pump sales & related sales; credit cards accepted; support group, teen services.

Long Beach Memorial Medical Ctr./ Miller Children's Hosp. 562-933-2779

2801 Atlantic Avenue, Long Beach, CA 90806-1737

Mon. -Sat. 8:00 AM - 4:00 PM Prenatal & post partum breastfeeding classes; consults in hospital & clinic; breast pump rental & sales; free support group Wed. 11:00 AM - 12:30 PM in 2nd Floor Women's Conference Room. MediCal provider.

Pasadena Public Health Dept. “Breastfeeding Counselor Connection”

1845 N. Fair Oaks. Ave. 2nd Floor, Pasadena, CA 91103 626-744-6093

C. Hanna-Cheruiyot, BA, CCE, CBA, Geraldine Perry-Williams PHN, MSN.

Free services for MediCal eligible, low cost for non-MediCal. Breastfeeding classes, home and hospital visitation, prenatal, post partum consults in hospital, office, client's home; available evenings and weekends.

Breastfeeding Resource Directory

LOW COST OR MEDI-CAL REIMBURSABLE RESOURCES - CONTINUED

ValleyCare Olive View - UCLA Med. Center 818-364-4190

Matanee Shee, RN, BSN, IBCLC

14445 Olive View Drive, Sylmar, CA 91342-1495 Mon. - Fri. 8:30 AM - 5:00 PM

Serves San Fernando and Santa Clarita Valleys

Breastfeeding classes, prenatal, post partum; consults in hospital, clinic; MediCal, Orsa & CHP provider.
Spanish and Thai spoken.

Westside Family Health Center 310-450-2191 Ext 228

Julie Kirk, CLE, Maria Anto Honon, LE, Asst. Director of Clinical Services 9:00 AM - 5:00 PM

1711 Ocean Park Blvd., Santa Monica, CA 90405-4901

Serves Los Angeles & Santa Monica

Breastfeeding classes, prenatal, private instruction; consults in clinic; MediCal and free services for prenatal clients, available evenings.

Breastfeeding Resource Directory

FREE RESOURCE – LA LECHE LEAGUE

Call one of these automated numbers to locate a La Leche League Leader or group

Antelope Valley	661-945-3150
Lomita / San Pedro / Palos Verdes	310-373-4135
Long Beach	562-804-8725
Orange County	714-965-1182
San Fernando Valley	818-377-4474
Torrance / Redondo / Westchester	310-515-2002
West LA / Santa Monica	310-285-9393
East LA / Greater Whittier	562-448-9226
Ventura	805-659-4018

Or call 1 - 800 - LA- LECHE or go to www.lalecheleague.org

Bilingual Leaders:

Spanish

Mariela 310-891-1532; Laura 850-532-2144 Kathleen 951-686-3080; Tammy 818-353-9606, Rhonda 760-630-6331

Japanese

Chika 310-782-1026

Chinese

Amy 760-929-0325

French

Laura 805-532-2144

German

Deedra 909-585-1935, Tammy 818-353-9606

American Sign Language

Jeanie 760-377-3445 sayler@ridgenet.com; Suzanne 661-296-8878 Buckners@sbcglobal.net
TDD 847-592-7570

Frequently Asked Questions: Many breastfeeding questions can be answered by reading FAQs at www.lalecheleague.org

La Leche League Leaders are experienced nursing mothers who are accredited by La Leche League International to give information, encouragement and support to breastfeeding mothers. LLL Leaders answer questions and concerns of the mothers who telephone them and at LLL Meetings.

The following topics are discussed in a series of monthly meetings:

- The Benefits of Breastfeeding
- Childbirth & the New Baby at Home
- Avoiding Breastfeeding Difficulties
- Nutrition, Beginning Solids and Weaning

Babies are always welcome at LLL functions. Mothers come, share, and get to know La Leche League. It makes a positive difference in their lives. All LLL Leaders are volunteers and receive no pay for their work supporting breastfeeding mothers.